



MAKI MOUSSAVI

REACH YOUR FULL POTENTIAL
The High Achiever's Guide to Success and Fulfillment

ABOUT

Maki Moussavi is an executive coach, speaker, and author who helps executives and organizations empower, strengthen, and transform their leadership and teams. Maki provides the mental tools and accountability to enable highly transformative, professional, and personal development that focuses on "reprogramming" to a new authentic mindset. Her tools align personal, career, and organizational aspirations while gaining clarity on direction and vision. She also supports executive teams and organizations to empower meaningful change during times of transition or cultural challenges.

Through speaking and coaching, Maki teaches the unique process she has created: The Aligned Executive, using the wisdom and knowledge she gained through her experience as a corporate career veteran and Master's-trained genetic counselor, as well as her own journey from being confined to empowered. Her book: *The High Achiever's Guide, Transform Your Success Mindset and Begin the Quest to Fulfillment* is available on [amazon.com](https://www.amazon.com)

TOPICS

Leverage Upheaval to Take Your Life to the Next Level

Challenges may be your opportunity to shift your thinking and optimize your outcomes.

To Achieve or Not to Achieve: Redefining Success on Your Own Terms

Move out of your mental confinement and learn the initial steps to redefine success on your own terms.

Break the Chains That Bind You

Discover what barriers are holding you back personally and professionally. Discard outdated programming and recognize negative patterns.

Eliminate Toxic Relationships and Understand Your Professional Impact

Toxicity in close personal or working relationships can poison your ability to move forward. True empowerment means taking on even the toughest relationship dynamics.

Authenticity: Your Superpower

Authenticity is the key to living a truly fulfilled life. Recognition of programmed behavior and thought patterns is critical to transforming your mindset.

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